

AMENDMENTS TO THE CLAIMS

The following listing of claims replaces all prior listings of claims.

Listing of Claims:

Claims 1-2. (Canceled)

3. (Previously Presented) The method of claim 29, wherein in said triglyceride having arachidonic acid as a component fatty acid, arachidonic acid comprises at least 20% of the total fatty acids.

4. (Previously Presented) The method of claim 29, wherein said triglyceride having arachidonic acid as a component fatty acid is extracted from a microorganism belonging to any one of the *Mortierella*, *Conidiobolus*, *Pythium*, *Phytophthora*, *Penicillium*, *Cladosporium*, *Mucor*, *Fusarium*, *Aspergillus*, *Rhodotorula*, *Entomophthora*, *Echinosporangium*, and *Saprolegnia*.

5. (Previously Presented) The method of claim 29, wherein said triglyceride includes at least 5% of a triglyceride with a medium-chain fatty acid bonded to the 1,3-position and with arachidonic acid bonded to the 2-position.

6. (Previously Presented) The method of claim 5, wherein said medium-chain fatty acid is selected from a fatty acid having 6 to 12 carbon atoms.

Claims 7-28. (Canceled)

29. (Currently Amended) A method of treating a drop of the elasticity of blood vessels associated with aging in an individual, comprising administering to the individual a composition comprising an effective amount of a triglyceride having arachidonic acid as a component fatty acid, wherein the individual suffers from arteriosclerosis, ischemic cardiac disease, or cerebral

hemorrhage, and wherein the administration treats the drop in the elasticity of blood vessels associated with aging.

30. (Previously Presented) The method of claim 29, wherein the individual suffers from arteriosclerosis.

31. (Previously Presented) The method of claim 29, wherein the individual suffers from ischemic cardiac disease.

32. (Previously Presented) The method of claim 31, wherein the ischemic cardiac disease is myocardial infarction or angina.

33. (Previously Presented) The method of claim 29, wherein the individual suffers from cerebral hemorrhage.